## **OUR PEOPLE**

OUR PEOPLE ARE ALL PROFESSIONALS WITH PROFOUND EXPERIENCE IN THE FIELD AS WELL AS THE PASSION TO SERVE THE COMMUNITY.

## **OUR MISSION**

WE AIM TO PROVIDE EXCEPTIONAL IN-HOME SERVICES TO HOME-BASED PATIENTS WITH THE UTMOST CARE ENABLING THEM TO IMPROVE PHYSICAL AND BEHAVIORAL WELLNESS.

**Perspective Behavioral and Pain Solutions** will establish a convenient appointment scheduling process to ensure timely access to our Telemental and Pain Management Services.

- Family participation in treatment can be encouraged and tends to increase.
- Professional collaboration increases
- Residents have access to a much broader range of behavioral health and pain management experts, improving quality and choice of care.
- Videoconferencing equipment is provided at no-charge by *Perspective Behavioral and Pain Solutions* to your facility.





BEHAVIORAL & PAIN SOLUTIONS

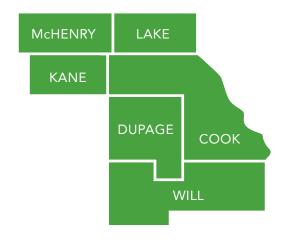
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## **COUNTIES COVERED:**







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## **ABOUT US**

Perspective Behavioral and Pain Solutions was

established in 2019 and is an organization dedicated to the provision of in-home adult behavioral healthcare, wellness and pain management coordination for individuals receiving primary care services in residential settings. We offer comprehensive services in conjunction with your primary care physician team to ensure a full continuum of services is available to manage multiple conditions in the comfort and convenience of the home environment. We currently provide services to over 200 individuals in the Chicago area and have developed specialized programs to promote the highest degree of care, independence and quality of life.

## SERVICES WE PROVIDE



#### **NEURO-PSYCHIATRIC SERVICES**

Our team of psychiatrists, nurse practitioners, and physician assistants coordinate the overall management of individuals in home and are available for consultation and crisis intervention. Medication management is provided to assist with anxiety, depression, and cognitive disruption commonly experienced by individuals confronting significant medical issues and those with long-standing psychiatric disorders. The psychiatry staff work in conjunction with your PCP and our team of social workers to coordinate cognitive assessment and therapy services. Our programs are designed to ensure the highest degree of compliance with existing guidelines and the completion of required objective measures including the MMSE and AIMS testing. In addition, a member of our psychiatric team would be happy to participate in regular team meetings with your primary care team to better coordinate overall care for your loved one.

#### **FAMILY CENTERED SERVICES**

Perspective Behavioral and Pain Solutions understands the vital role families play in the care and treatment of their loved ones. Accordingly, Perspective Behavioral and Pain Solutions is committed to working with families in both an educational and support context. We are available to provide educational presentations on relevant mental health issues to family members as well as meeting individually with family members to provide personalized support that focuses on methods for promoting the wellbeing and quality of life of their loved one.

### TELEMENTAL HEALTH SERVICES

Perspective Behavioral and Pain Solutions is proud to offer Telemental Health Services to our clinical continuum of care under the name "Tele Behavioral Care Solutions.

Perspective Behavioral and Pain Solutions is now utilizing telehealth and videoconferencing technology to reach out to individuals to supplement the care we may provide in-home or to manage care in a that may otherwise have been out of our service area. Recent studies have shown outcomes do not significantly differ between direct services and those delivered via telehealth technology. In addition, patient and family satisfaction with Telemental health services has been shown to be as high as or higher than in-person care.

# BENEFITS TO THE TELE BEHAVIORAL CARE SOLUTIONS PROGRAM

- Psychiatrist, nurse practitioners, and psychologists are able to provide greater access to care because of decreased travel time between scheduled in-home visits
- Resident waiting lists for initial visits are eliminated or shortened.
- Wait times for re-visits are greatly reduced or eliminated.
- Emergency psychiatric assessments and acute crises can be more readily manage without excessive delay. Such management can help reduce the need for in-patient care.
- Specialty consults can be provided with improved service and reliability.
- Family participation will improve coordination of care.
- Residents experience more of a team treatment model due to enhanced availability of services.

#### PAIN MANAGEMENT

Pain is often an unfortunate and unwanted part of life. *Perspective Behavioral and Pain Solutions* is a pain management medical office that addresses all types of pain-causing injuries.

Our medical professional works closely with you to determine the best strategy to help you manage your pain. Our medical professionals have a wide variety of experience with different sources and types of pain. We use that experience to design customized pain management solutions. As a pain management, we have partners that can help you no matter what type of pain you have.

With our varied experience and expertise, we can provide comprehensive pain management solutions that minimize the pain you'll live with.

**Perspective Behavioral and Pain Solutions** specializes in precisely diagnosing and treating the cause of painful conditions to stop them from coming back. It combines personalized treatments and integrative medicine to find the cause of your pain instead of just treating the pain symptoms.

Pain can be debilitating, severely limit your ability to perform physical activity and reduce your desire to live your life to its fullest. The goal of our team at Perspective Behavioral and Pain Solutions Inc is to treat the source of your pain so that you can get back to living!

Diagnosing the Cause of Your Painful Condition
The most important step in treating your pain is a
correct diagnosis of the conditions. An Illinois Pain
doctor will perform a thorough evaluation that includes
listening to your needs, a review of your medical history,
a physical examination, and a review of your medical
records and prior diagnostic procedures.

